

# PreK-8 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
<b>October 2</b>	<b>October 3</b>	<b>October 4</b>	<b>October 5</b>	<b>October 6</b>
Chicken w/ Waffles Assorted Cereals Yogurt w/ Muffins	Ham Slice w/ Biscuit Assorted Breakfast Breads	Cinnamon Crunch Pastry Yogurt Parfait Yogurt w/ Muffins	Hot Grits w/ Bacon Strips Breakfast Pizza Yogurt w/ Muffins	Distance Learning Day
<b>October 9</b>	<b>October 10</b>	<b>October 11</b>	<b>October 12</b>	<b>October 13</b>
Fall Break	Fall Break	Parent/ Teacher Conference	French Toast Sticks Breakfast Pizza Yogurt and Muffins	Pancakes w/ Ham Slice Yogurt and Muffins Assorted Cereal Bars
<b>October 16</b>	<b>October 17</b>	<b>October 18</b>	<b>October 19</b>	<b>October 20</b>
Chicken & Waffles Assorted Pop Tarts	Yogurt and Muffins Assorted Cereal Bars Cinnamon Crunch Pastry	Bacon Biscuit Yogurt and Muffins Assorted Cereal	Pancake on a Stick Assorted Muffin Loaves Assorted Cereal	Confetti Pancakes Cinnamon Crunch Pastry Froot Loops Cereal
<b>October 23</b>	<b>October 24</b>	<b>October 25</b>	<b>October 26</b>	<b>October 27</b>
Sausage and Biscuit Assorted Cereal Assorted Cereal Bars	Pancake on a Stick Assorted Pop Tarts	Grilled Cheese Sandwich Yogurt and Muffins Assorted Cereal	French Toast Sticks Assorted Pop Tarts Yogurt Parfait	Sausage and Biscuit Assorted Cereal Assorted Muffin Loaves
<b>October 30</b>	<b>October 31</b>			
Chicken & Waffle Assorted Cereal Assorted Breakfast Breads	Pancake on a Stick Assorted Cereal Blueberry Muffin Loaves			
<b>Lunch</b> Seasonal Fresh Fruit Cup, Fresh Fruit Bowl, Assorted Fruit Juice and Milk Variety offered daily!				
<b>October 2</b>	<b>October 3</b>	<b>October 4</b>	<b>October 5</b>	<b>October 6</b>
Steak fingers Southern Chicken Sandwich Tuna Salad w/ Crackers Mashed Potatoes Seasoned Green Beans Yeast Roll	Cheesy Chicken w/ Rice Glazed BBQ Meatballs on Hoagie Tuna Salad w/ Crackers Glazed Carrots Whole Kernel Corn Yeast Roll	Assorted Pizza BBQ Pulled Pork Burger Chicken Salad w/ Crackers Assorted Vegetable Juice Baked Beans	Seasoned Baked Chicken Turkey & Cheese Sandwich Chicken Salad w/ Crackers Assorted Chips Southern Turnip Greens Black- Eyed Peas Cornbread	Distance Learning Day
<b>October 9</b>	<b>October 10</b>	<b>October 11</b>	<b>October 12</b>	<b>October 13</b>
National School Lunch Week October 9 <sup>th</sup> -13 Fall Break		Parent/Teacher Conference	Korean BBQ Meatballs Chicken Patty Sandwich Tuna Salad w/ Crackers Mashed Potatoes Glazed Carrots Yeast Roll	Chicken Ranch Parmesan Pasta American Sub w/ Chips Tuna Salad w/ Crackers Steamed Broccoli Whole Kernel Corn Yeast Roll Confetti Filled Cookie
<b>October 16</b>	<b>October 17</b>	<b>October 18</b>	<b>October 19</b>	<b>October 20</b>
Chicken Spaghetti Ham & Cheese w/ Ciabatta Bun w/ Chips Chicken Tender Salad w/ Crackers Assorted Vegetable Juice Cheesy Broccoli	Baked Pork Chop Southern Chicken Sandwich Chicken Tender Salad w/ Crackers Southern Turnip Greens Black-eyed Peas Cornbread	Assorted Pizza American Sub Chicken Tenders Salad w/ Crackers Glazed Carrots Seasoned Green Beans Snack Cookies	Hamburger Steak w/ Rice Hotdogs Chicken Tenders Salad w/ Crackers Seasoned Lima Beans Sweet Potato Fries Yeast Roll	Walking Tacos Ham & Turkey Sandwich Chicken Tenders Salad w/ Crackers Whole Kernel Corn Refried Beans
<b>October 23</b>	<b>October 24</b>	<b>October 25</b>	<b>October 26</b>	<b>October 27</b>

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This institution is an equal opportunity provider.

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<b>Chicken Nuggets</b> <b>Fish Melt</b> <b>Chicken Salad w/ Crackers</b> <b>Macaroni &amp; Cheese</b> <b>Mixed Vegetables</b> <b>Baby Carrots w/ dressing</b> <b>Yeast Roll</b>	<b>Steak Fingers</b> <b>Ham &amp; Cheese w/ Ciabatta Bun w/ Chips</b> <b>Chicken Salad w/ Crackers</b> <b>Mashed Potatoes</b> <b>Seasoned Pinto Beans</b> <b>Yeast Roll</b>	<b>Assorted Pizza</b> <b>Chicken Patty Sandwich</b> <b>Chicken Salad w/ Crackers</b> <b>Seasoned Green Beans</b> <b>Glazed Carrots</b> <b>Blueberry Cookie Bites</b>	<b>BBQ Chicken</b> <b>BBQ Rib Sandwich</b> <b>Chicken Salad w/ Crackers</b> <b>Scalloped Potatoes</b> <b>Baked beans</b> <b>Yeast Roll</b>	<b>Beef Taco w/ Crispy Shell</b> <b>Meatball Marinara w/ Hoagie Bun</b> <b>Chicken Salad w/ Crackers</b> <b>Whole Kernel Corn</b> <b>Refried Beans</b>
<b>October 30</b>	<b>October 31</b>			
<b>Chicken Spaghetti</b> <b>Cheeseburger</b> <b>Chef Salad w/ Crackers</b> <b>Seasoned Lima Beans</b> <b>Whole Kernel Corn</b> <b>Yeast Roll</b>	<b>Fish Sticks</b> <b>American Sub</b> <b>Chef Salad w/ Crackers</b> <b>Southern Turnip Greens</b> <b>Glazed Carrots</b> <b>Cornbread</b>			